



MONTAG

DIENSTAG

MITTWOCH

DONNERSTAG

FREITAG

SAMSTAG

06:00 - 07:00

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

07:00 - 08:00

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

08:00 - 09:00

09:00 - 10:00

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

OLYMPIC
WEIGHTLIFTING

KIDS

10:00 - 11:00

CROSSFIT

OLYMPIC
WEIGHTLIFTING

KIDS

CF HYROX

11:00 - 12:00

CROSSFIT
MASTERS

CROSSFIT

SKILL'N'WOD

12:00 - 13:00

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

STRONGHUMAN
WOD

13:00 - 14:00

CROSSFIT

CF HYROX

CROSSFIT

CF HYROX

CROSSFIT

14:00 - 15:00

15:00 - 16:00

16:00 - 17:00

SKILL'N'WOD

SKILL'N'WOD

16:30 - 17:30

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

17:00 - 18:00

CF GYMNASTICS

CROSSFIT

OLYMPIC
WEIGHTLIFTING

CROSSFIT

CF GYMNASTICS

CROSSFIT

BOOTY CLASS

CROSSFIT

CROSSFIT

17:30 - 18:30

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

18:00 - 19:00

CF GYMNASTICS

CROSSFIT

OLYMPIC
WEIGHTLIFTING

CROSSFIT

CF GYMNASTICS

CROSSFIT

BOOTY CLASS

CROSSFIT

18:30 - 19:30

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

19:00 - 20:00

COMPCCLASS

CROSSFIT

CF HYROX

COMPCCLASS

CF HYROX

CF HYROX

19:30 - 20:30

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT

CROSSFIT